

# Neuroinclusion is about how organisations show up, consistently, for every type of thinker.

## AM Learning supports organisations ready to move beyond awareness.

Grounded in **psychology and neuroscience**, and delivered with warmth, honesty and personal experience, these sessions equip people with practical ways to think and act differently.

### SUITE OF TOPICS:

*Choose a defined session for an immediate need or start a conversation about blending topics into something tailored.*

#### **Minds of All Kinds: Neurodiversity & Neuroinclusion 101**

Building shared language around neurodiversity & the practical impact on how teams think & work together.

#### **Leading Different Minds: Neuroinclusive Management in Practice**

Understanding neurodiversity as a leader and practical skills for managing cognitively diverse teams.

#### **Designing for Difference: Neuroinclusion Across the Employee Lifecycle**

Embedding neuroinclusive thinking into people processes, for HR professionals.

#### **Hiring Different Minds: Neuroinclusive Recruitment in Practice**

Enabling recruiters and hiring managers to design processes that work for different thinkers.

#### **Building Belonging: Strengthening Your Neurodiversity ERG**

Moving beyond awareness into lasting influence, helping committees and champions to thrive.

#### **Wired Together: The Neurodiversity of a Family System**

A space for shared understanding and practical support for anyone navigating neurodivergence.

#### **The Cost of Masking: Neurodivergent Burnout**

A deep dive into the neurological cost of masking at work and what it means for wellbeing.

#### **Dropping the Mask: A Personal Journey through Neurodiversity**

A keynote by Áine on how minds work and the shift that came from seeing her own brain differently.

### LET'S TALK:

Curious about which session would land best with your people? Get in touch for an informal conversation about what you need and how these sessions can work for your organisation.

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**AM Learning** is where the science of the brain meets the reality of being human at work.

A consultancy dedicated to building the knowledge, culture, and conditions for sustainable human-centred growth.

